Restraints and Code Purple

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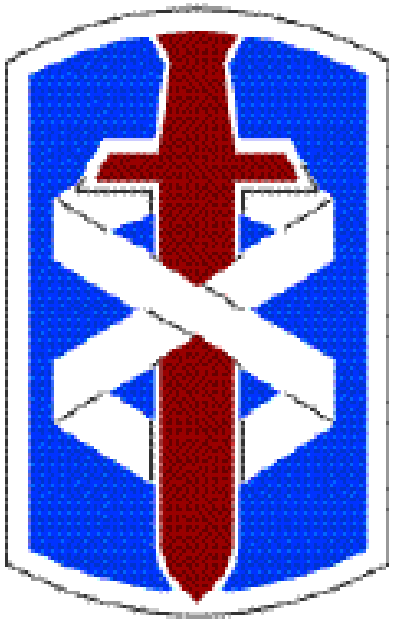
Outline

- **Behavioral Restraints (Code Purple)**
- **Verbal de-escalation**
- **Time-frame**
- **Monitoring**
- **Documentation**
- **Transport**
- **Patient Care Conference**
- **Termination**
- **Debriefing**
- **Education**



Definition Restraints

- Differs from other limitation of movement primarily on the basis of intent
- Limits patient's movement
- Means of protecting the patient or others from harm
- Patient's behavior is the cause

Commanders Philosophy

Integrated Healthcare Organization Policy #1

- **Never to use restraint if any other option exist**
- **Unless patient or staff is at risk**
- **Discontinue use ASAP**
- **Upon admission or as appropriate, patient, and family will be informed of the organization's restraint policy (restraint pamphlet)**

Alternatives

- **Physical Measures**
- **Environmental Measures**
- **Psychological Measures**
- **Physiological Measures**
- **Spiritual Needs**

Behavioral Restraint

- **Emergencies**
- **Behavioral health reason**
  - **violent/ destructive**
  - **aggressive**
  - **harm to self or others**
- **Temporary control of the behavior**

Behavioral Restraints Code Purple

- **Any clinical staff can call a Code Purple**
- **Dial 116**
- **Request overhead page for “ Code Purple” STAT, to (location)**
- **Notify Inpatient Nursing Supervisor**

  (99)011-0101-4035

Verbal de-escalation

- Call patient by name
- Treat the patient with respect
- Allow patient to express his/her feelings
- Validate his/her right to the feelings
- Communication should continue thru the entire process
- Talk in a calm voice

Restraint Team

- 5-person team
  - Leader
    - Only the leader talks to the patient
  - One person assigned to each limb
- Code word is assigned
  - Team restrains patient when leader mentions code word

Time Frame

Behavioral:

- **Orders obtained**
  1hr
- **Initial order signed**
  1 hr
- **In-person eval**
  1 hr

Med-Surg

- **Orders obtained**
  12 hours
- **Initial order signed**
  24 hours
- **In-person eval**
  12 hours

Time Frame

Behavioral

- **Validity of orders**

  4 hrs 18 & >

  2 hrs 9-17

  1 hr 8 &<

Medical-Surg

- **Validity of orders**

  24 hrs for all ages

  Subsequent orders

  expires thereafter every calendar day

  (ends MN)

Time Frame

Behavioral

- **In person Reevaluation by HCP**
  - **q 8hr 18 & >**
  - **q 4hr 17 & <**
  - **q 1hr 8 & <**

Med-Surg

- **In person Reevaluation by HCP**
  - **q 24 hours for all ages**

Monitoring

- **Behavioral**
  - **1:1**
  - **q15 documentation**
    - **VS q1hr**
    - **on going S/S distress/injury**
    - **ROM q2hr**
    - **Nutrition/Toileting appropriate to PT's condition**
- **Med-Surg**
  - **q1hr documentation**
  - **vs q2hr**
  - **q1hr s/s distress/injury**
  - **ROM q2hr**
  - **Nutrition/Toileting q2hr**
  - **Skin color/cap refill q1hr**

General Documentation

- **NO PRN RESTRAINT ORDER**
- **Less restrictive method**
- **Clinical justification**
- **Type of restraint**
- **Length of time for restraint**
- **Criteria for release**

Behavioral Restraint Documentation

- **EAMC OP 483 (Physician orders)**
- **EAMC OP 480 (HCP progress note)**
- **MEDCOM form 739-R**

(Behavioral Health Restraint Doc Flowsheet)

Q15 minutes documentation

- **DA 4106 (adverse outcomes only)**

Transport

- **Transport has to be essential**
- **Safety of crew and patient is in question**
- **Only staff with appropriate education and training can apply the device**
- **Follow policy and guidelines**
- **Appropriate documentation**

Patient Care Conference

- **Notify SR nurse administrator:**

  Pt in restraints >12hrs or 2 or > epsiodes within 12 hrs.

- **Treatment alternatives:**

  72hrs of continuous restraints

  3 separate restraint episode during one hospital stay

Termination

- **When the patient no longer meets the criteria for restraint use**

Debriefing

- **Staff/Patient/Family/SO**
- **Within 24hrs**
- **Document in MEDCOM form 738-R (sec E)**
- **ID behavior that led to restraints**
- **Ascertain the well being of the patient**
- **ID follow up**
- **Modify patient's treatment plan**

Education/ Training

- All direct HCP
- Initial hospital orientation
- Annual training
- Availability of education packet on restraint in the patient care areas
- Packet available though 18th MEDCOM CED

QUESTIONS?????